



**7th Annual Walk for Hope, Walk in Memory**

Walk/Run Information

Saturday, May 20, 2023

Swan Park, 909 Brainerd Drive

Waupaca, WI 54981

*Participants may choose a 5k or 1-mile walk or run.*

**Scheduled Events:**

- **9:00 A.M. – Registration/Check-In Opens**
  - Come and pick up your Walk Information and check out the Resource Fair. A parent/legal guardian must accompany children under the age of 14.
  - High School students require a parent/legal guardian signature to walk without an adult.
  
- **10:00 A.M. – Welcome/Speaker/Remembering those who we have lost to Suicide**
  - If you are walking in memory of a loved one, please let us know by filling out their name on the registration form. We will read names off before our walk.
  
- **10:30 A.M. or Immediately following the reading of the names – Begin 5KRun/Walk or 1 Mile Walk**
  - Safety Reminders:
    - The walk is held rain or shine
    - Wear comfortable shoes
    - No bikes or skateboards
    - Well-behaved dogs on leashes only
    - Strollers with wide wheels are accepted
    - Masks are recommended but not required
  
- **12:30 P.M. – Completion of 5K Run/Walk or 1 Mile Walk**
  - Please feel free to walk/run at your own pace. After you complete the walk, WCSPC members will be available to help you or answer any questions you may have about the Coalition.

**Cost \$20.00 for each participant.**

**Sorry, early registration ended on April 27, 2023.**

Registrations are welcome on the day of the walk! Please pay with cash or check.

A limited number of t-shirts will be available the day of the event.

## 7th Annual Walk for Hope, Walk in Memory

You may register multiple people using one registration. The registration fee is \$20.00 for each walker/runner. The deadline is April 27, 2023, to be guaranteed a t-shirt and free giveaways. On-site registration is available on the day of Walk/Run - t-shirts/giveaways are not guaranteed.

### First Participant: (primary contact if there is a question about your registration):

First and Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_ \$20.00 Registration

### Second Participant Information:

Name: \_\_\_\_\_ Address: Same as above

\_\_\_ \$20.00 Registration

### Third Participant Information:

Name: \_\_\_\_\_ Address: Same as above

\_\_\_ \$20.00 Registration

### Fourth Participant Information:

Name: \_\_\_\_\_ Address: Same as above

\_\_\_ \$20.00 Registration

**Are you walking in memory of a loved one? Would you like him/her to be remembered at the walk?**

Please announce I/We are walking in memory of \_\_\_\_\_

Total Amount Due: \_\_\_\_\_

**Please make checks payable and send to WCSPC • PO Box 264 • Waupaca, WI 54981**

# 7<sup>th</sup> Annual Walk for Hope, Walk in Memory

By signing below, I hereby agree that I have read the following release and waiver of liability for the Waupaca County Suicide Prevention Coalition's 5K or one-mile walk. I understand and agree to hold harmless the Waupaca County Suicide Prevention Coalition, sponsors, agents, volunteers, administrators, officers, directors, employees, other participants, and advertisers for any and all injury and liability and all hazards, known and unknown. I understand that I have given up substantial rights by signing it and have signed it freely. It is intended to be a complete and unconditional release of all claims and liability to the greatest extent allowed by the law and shall continue in full force and effect. I agree to participate and follow the rules and the non-competitive walk route on May 21, 2022. I am qualified, in good health, and in proper physical condition to participate in this activity. I fully accept and assume all such risks and responsibility for losses, costs, and damages I incur due to my participation in this activity. I permit WCSPC to use pictures and voices of me for media purposes. All children 14 and under must be accompanied by an adult/legal guardian.

## First Walker/Runner:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

A parent/Guardian signature is required if a high school student walks without an adult.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Second Walker/Runner:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

A parent/Guardian signature is required if a high school student walks without an adult.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Third Walker/Runner:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

A parent/Guardian signature is required if a high school student walks without an adult.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## Fourth Walker/Runner:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

A parent/Guardian signature is required if a high school student walks without an adult.

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_